

BLAND DIET FOR HOT DIARRHEA

If your pup or dog gets diarrhea, take them off their regular food for 12 hours. You can give plain kefir, raw goats milk or canned pumpkin and plenty of water during this time. If diarrhea continues after 12 hours, make this recipe. You can make a big batch to give several meals of it. Give until diarrhea stops then slowly add one thing from regular diet back in till they are on their full normal food. DO NOT GIVE boiled chicken and rice like the vets tell you to do!!!!

1 pound of ground turkey (*lightly cooked*)

12oz well cooked mashed sweet potato *or pumpkin*

4oz chopped portobello mushroom raw

½ cup quick cooking barley

Probiotic (lovebugs or raw goats milk)